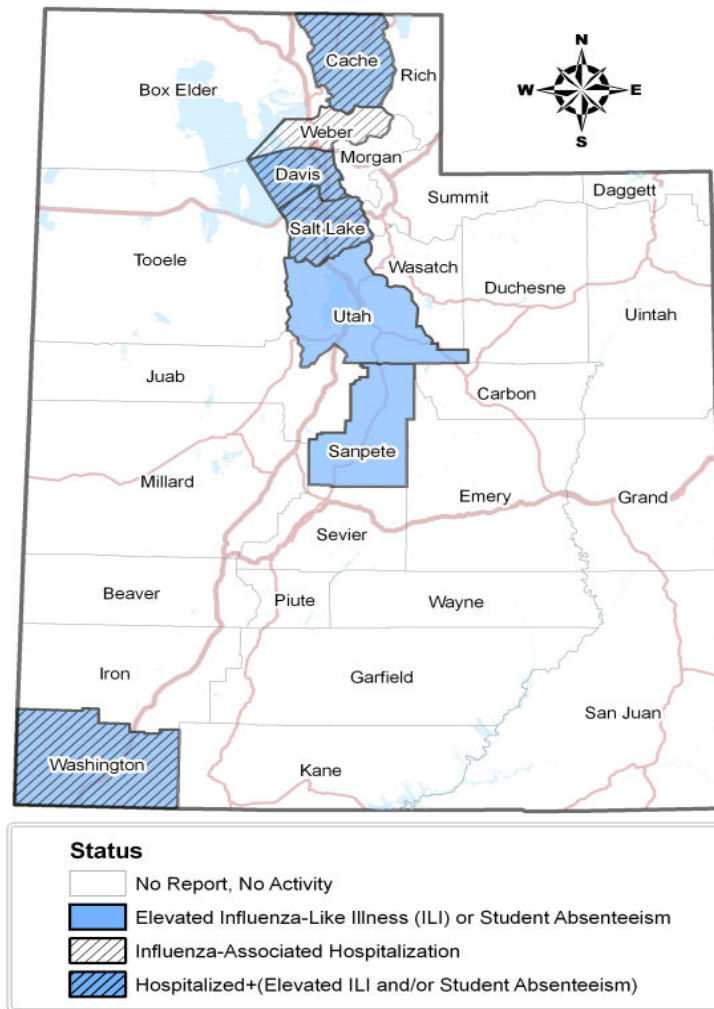


UTAH - WEEKLY INFLUENZA SUMMARY

MMWR Week 50 (12/11/05 - 12/17/05) - Posted 12/21/05

WEEKLY MAP OF UTAH INFLUENZA ACTIVITY



UTAH - WEEKLY INFLUENZA TEXT SUMMARY

Influenza Activity in Utah:

Influenza is now actively circulating in Utah and has become widespread. The number of visits for influenza-like illness has now gone above state threshold levels. Student absences have also risen above threshold levels. Additionally, 37 hospitalizations associated with influenza have been reported to the UDOH this season. Most of these hospitalizations have occurred in individuals with high-risk factors and have been associated with Type A influenza.

As of 12/21/2005, no pediatric influenza-associated deaths have been reported in Utah.

Click on the map to access national CDC surveillance information.

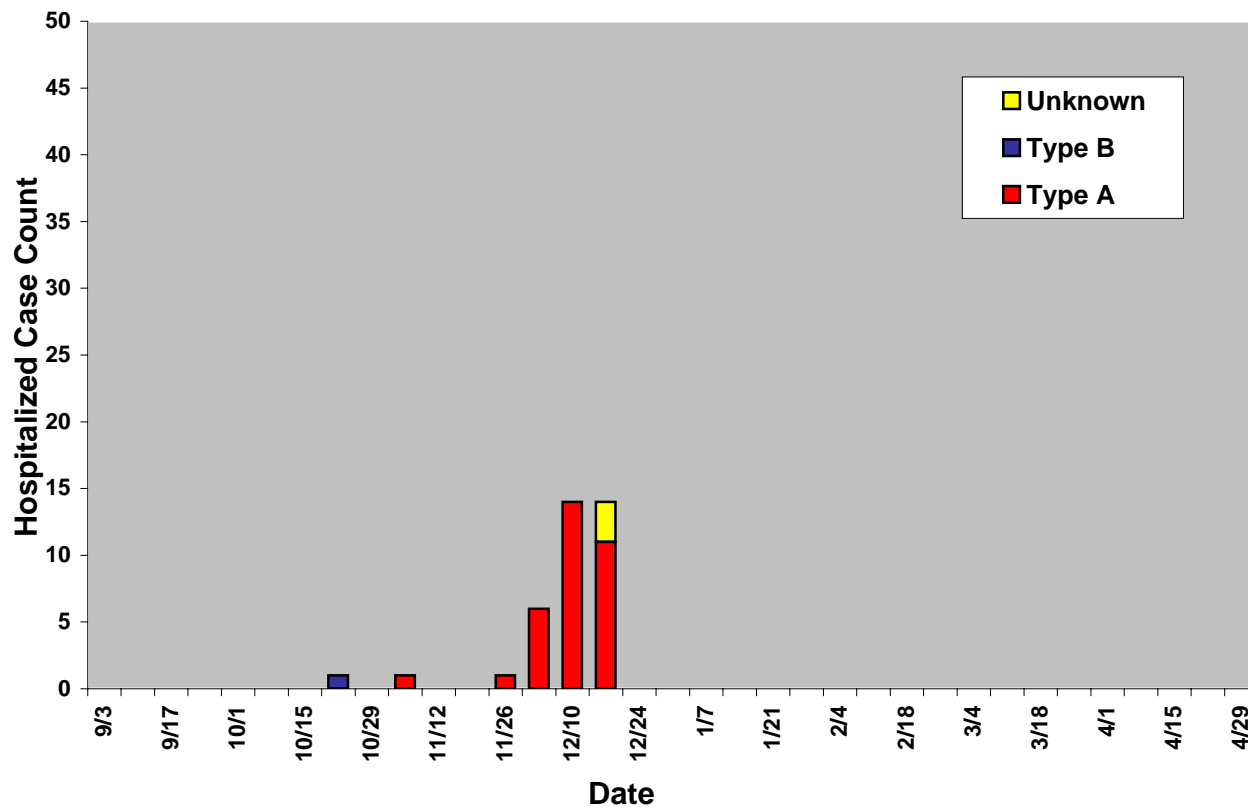


INFLUENZA PREVENTION

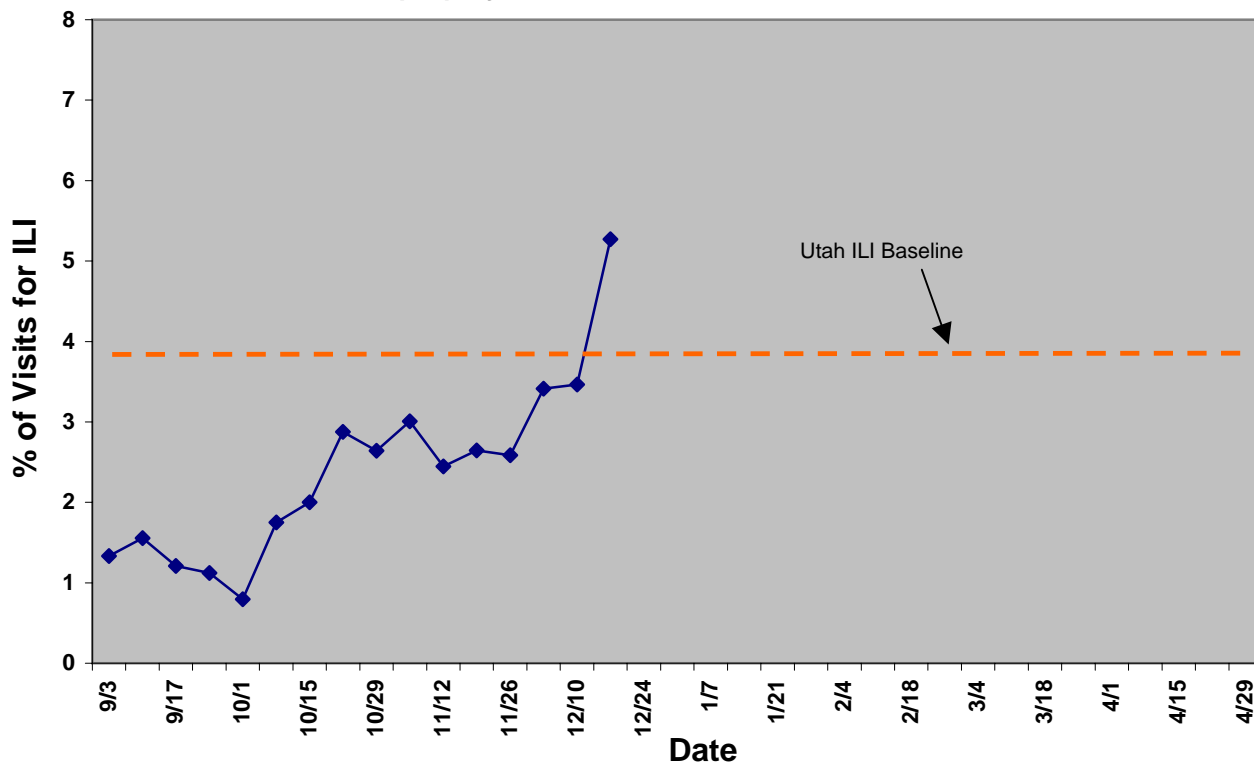
How to protect yourself and others:

1. Utahns should get an influenza vaccine.
 - **Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.
 - ** Stay away from other people when you are sick.
 - ** Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away
 - ** Wash your hands.
3. We urge schools and employers to be supportive of these preventive measures.

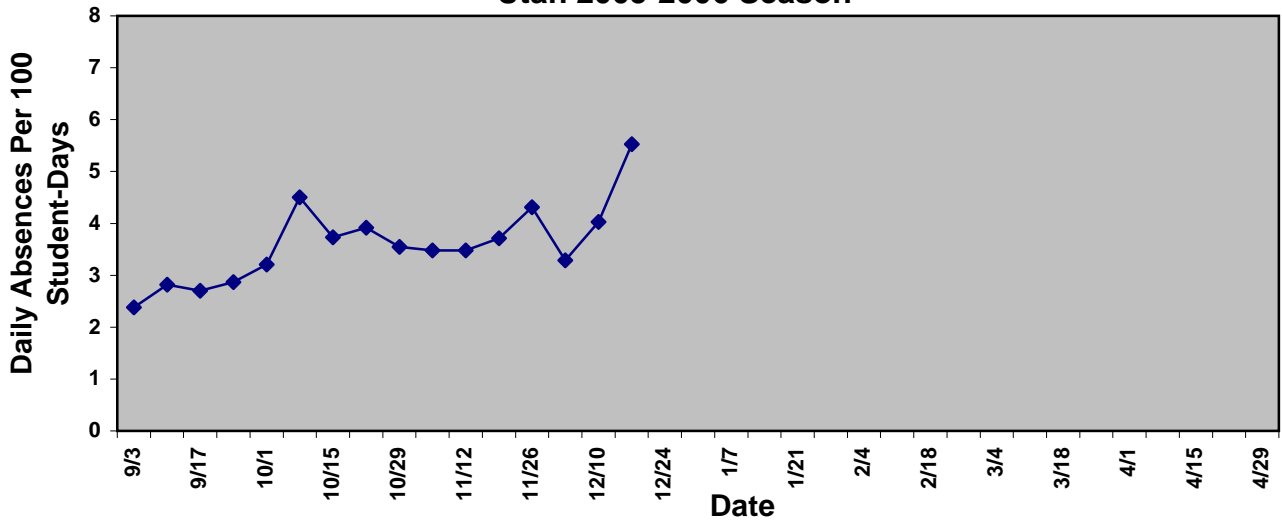
Influenza-Associated Hospitalization by Week and by Virus Type, Utah 2005-2006 Season



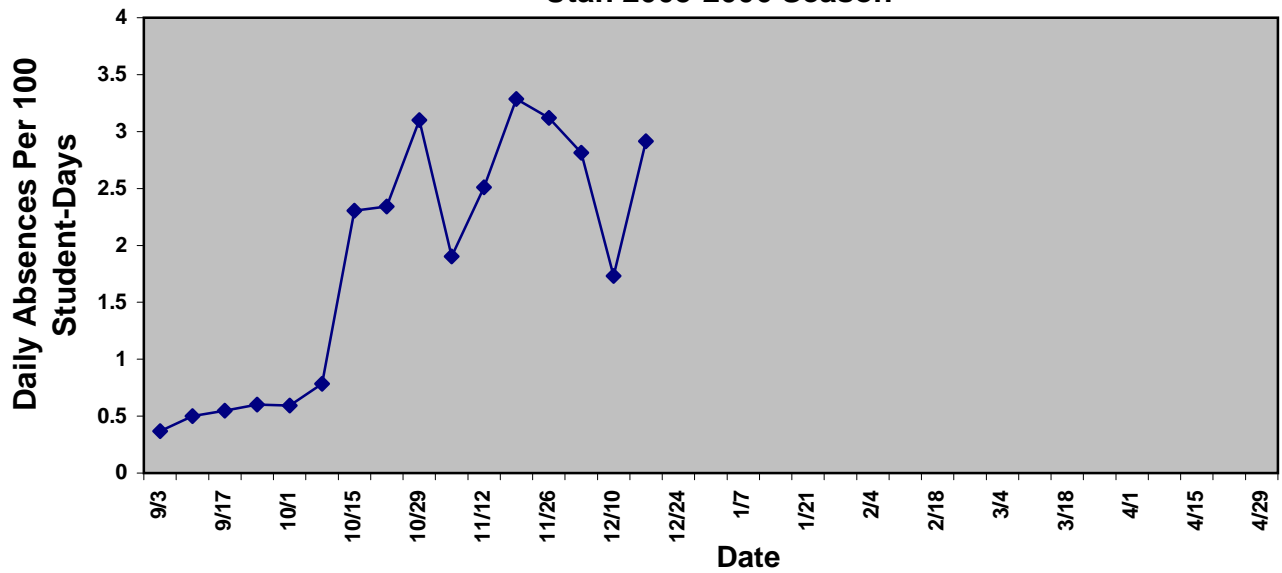
Percentage of Visits to Utah Sentinel Clinics that were for Influenza-Like Illness (ILI) by Week, 2005-2006 Season



**Student School Absenteeism Rate - All Absences, by Week,
Utah 2005-2006 Season**



**Student School Absenteeism Rate - Any Illness, by Week,
Utah 2005-2006 Season**



**Student School Absenteeism Rate - Influenza-Like Illness (ILI), by
Week, Utah 2005-2006 Season**

